



SUPERIOR COURT OF CALIFORNIA, COUNTY OF SAN DIEGO
Program Resource List - Parenting Skills

READ BEFORE USING PROGRAM RESOURCE LIST / LEA ANTES DE USAR LA LISTA DE RECURSOS DEL PROGRAMA

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**** High Conflict Resolution**

Name of Provider	Business Name	Contact Information	Email	Website	Additional Info
Abar, Marian	0 A 911 Child Visitation Services 21st Century Strategies for Modern Parenting	1144 13 St 102-208 Imperial Beach Blvd. Imperial Beach, CA 91932 619-495-2771	mariagriego2014@gmail.com	www.911childvisitationservices.org	English, Spanish
Abelli, Griselda	LOW-INCOME PROGRAMS, LLC COURAGE 2 CHANGE, LLC.	P.O. Box 617, El Cajon, CA 92020 P.O. Box 767, Chula Vista, CA 91910 619-279-8379	courage2changellc@gmail.com	www.courage2change-llc.com	M.A. Psychology, Bilingual: English/Spanish, Serving South Bay and East County
Aguilar, Nicole	Southern Indian Health Council, Inc.	4058 Willows Road Alpine, CA 91901 619-445-1188 ext 210	naguilar@sihc.org		
Brager, Robert C., Psy.D.**	Brager, Robert C., Psy.D.	2214 Fifth Avenue San Diego, CA 92101 619-871-7850	robbrager@aol.com		
Brown, Thelma L., B.A	Pinnacle Peak Solutions LLC	P.O Box 6236 Chula Vista, CA 91909 619-769-4602	pinnaclepeaksolutionsllc@gmail.com	www.PinnaclePeakSolutionsLLC.com	
Brust, Robin	Pregnancy Care Center	677 S. Magnolia Avenue El Cajona, CA 92020 619-442-4357 / Fax: 619-442-0380	robinbrust@pcc.org	www.unplannedparenthood.org	
Cafferty, "Kansas" James	Cafferty Clinic	215 S. Coast Highway #205 Oceanside, CA 92056 760-517-6544	kansas@insightbythesea.com	www.insightbythesea.com	LMFT, MAC, CAMF, ICAP IV
Cavallini, Amelia A.	North County Lifeline Inc.	200 Michigan Ave. Vista, CA 92084 760-842-6288 / Fax: 760-744-5124	acavallini@nclifeline.org	www.nclifeline.org	English, Spanish
Cellilli, Guillermina	21st Century Tools for Better Parenting	7227 Broadway, Suite 205 Lemon Grove, CA 91945 619-246-4703	qcellilli@yahoo.com	www.southcountyvisitationmonitor.com	
Chavez, Anita	ASC Parenting	Call or Text: 805-710-5477	info@ASCParenting.com	www.ASCPParenting.com	30+ years working in social services w/ families in crisis; domestic violence counselor, mediator, teacher, visitation monitor; North County, Coastal, Falbrook, and Del Mar



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Chavez, Jessica M.	California Parenting	2150 Pickwick Drive #2466 Camarillo, CA 93010 Call or Text: 805-710-5477 Fax: 413-431-3160	info@CaliforniaParenting.com	www.CaliforniaParenting.com	18+ years serving families & children; certified domestic violence counselor; certified mediator; certified paralegal; certified professional visitation monitor; teacher (early childhood education); serving all areas; online and one-on-one sessions; register online
Chee, Vivian	Vivian Chee	2741 Lemon Grove Avenue, Suite 105 Lemon Grove, CA 91945 619-335-3125	feechee@yahoo.com		
Clancy, Kristina	Mindfully Here and Now	PO Box 712571 Santee, CA 92702 619-841-1428	kristinacancy@mindfullyhereandnow.com	www.mindfullyhereandnow.com	LMFT #119299
Clark, Aimee Le Zakreski	Caldwell-Clark Counseling	10951 Sorrento Valley Road, Suite 2G San Diego, CA 92121 760-803-3600	aimee@caldwell-clark.org	www.caldwell-clerk.org	
Clark, Chaplain Elayne Clark, Mark	Affordable Anger Management Anger Management Professionals A Reason for Hope	PO Box 2582 Vista, CA 92085 847-504-9374	affordableangermanagement@gmail.com		
Coneley, Deadrian, Dr.	Oasis Life in Focus Educational Rehabilitation	2904 Macdonald St. Vista, CA 92054 760-216-0023 / 760-308-8587	oasisfamilylife78@gmail.com	www.oasislifeinfofocus.org	
Dayan, Avital	Shalom Counseling	5161 Jamestown Road San Diego, CA 92117 619-677-7140	adayan2@hotmail.com		
Dean, Jonathan, Dr.	Motivation Specialist LLC.	P.O. Box 5143 Oceanside, CA 92082 760-672-2452 / 619-576-6690	motivationspecialistllc@gmail.com	www.motivation-specialist-llc.com	PsyD
Drecun, Dr. Aleksandra**	Association for Compassionate Transformation	12526 High Bluff Drive, Suite 300 San Diego, CA 92130 858-792-3541 / Fax: 858-792-3542	Dr.Drecun@a4ct.com	www.a4ct.com	
Drummond, Gigi M.**	C.R.A.M. Management	300 Carlsbad Village Drive 108a-378 Carlsbad, CA 92008 760-521-2685 / Fax: 866-674-2681	gmariannad@gmail.com	www.carlsbadcram.com	PEACE/Pareting Education 4 Adolescent & Child Empowerment



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English, Marilyn M.	Nurturing Parenting for African American Families African American Wellness Center for Children and Families	6125 Imperial Avenue San Diego, CA 92114 619-627-7803	info@AfricanAmericanWellnessCenterforChildrenFamilies.org	AfricanAmericanWellnessCenterforChildrenFamilies.com	
Espinoza, Maria, LMFT	La Fuente Family Counseling Services	Chula Vista, CA 91913 619-500-1135	mariasolisespinoza51@gmail.com		Lic. No 118834 Available in English and Spanish
Esty, Michelle	California Courses	One America Plaza 600 W. Broadway #175-534 San Diego, CA 92101 866-701-0038 / Fax: 888-317-9475	info@californiacourses.com	www.californiacourses.com	English, Spanish
Extended Learning Center, Inc.**	OnlineParentingPrograms.com	866-504-2883	support@onlineparentingprograms.com	www.onlineparentingprograms.com	Online Only, Indigent Assistance, Available in English, Spanish
Feldman-Bicas, Maty	Assertive Family Solutions	16494 Ramada Drive San Diego, CA 92128 619-787-0807 / Fax: 619-568-3130	Maty@assertivefamilysolutions.org	www.assertivefamilysolutions.org	English, Spanish
Flores, Angel	Dad's Club	1000 Vale Terrace Vista, CA 92084 760-631-5000 ext. 7181 / Fax: 760-414-3711	aflores@vcc.clinic		
Flores, Martha	Birth Choice of San Marcos	277 S. Rancho Santa Fe Rd., STE 201 San Marcos, CA 92078 760-744-1313	contact@birthchoice.net	www.birthchoice.net	
Fushman, Eda**	Eda Fushman LMFT	7484 University Avenue #310 La Mesa, CA 91942 619-466-3822	efushman@juno.com		
Garcia, Jimmy Devine, Randi, LMFT	Pacific Coast Counseling	2111 S. El Camino Real #300 Oceanside, CA 92054 760-439-1124 / Fax: 760-547-5537 Spanish line: 760-889-9673	pacificcoastcounseling@hotmail.com	https://pacificcoastcounseling.org/location/	English, Spanish
Garcia, Orlando	Father2Child	4069 30th Street San Diego, CA 92104 619-942-0309	ogarcia@mhasd.org	www.mhasd.org	



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Garza, Gabriel	Co-Parenting Solutions	PO Box 5953 Cula Vista, CA 91912 619-408-0621 / Fax: 619-483-1035	info@coparentingsolutions.org	www.coparentingsolutions.org	
George, Isabelle	Inspired Parenting	5811 Amaya Drive #204 La Mesa, CA 91942 619-784-3884	liveinspiredbyisabellegeorge.com	www.liveinspiredbyisabellegeorge.com	
Gerow, Darlene Brumme, John Velasques, Jesus (Spanish)	Center for Change	410 South Melrose Drive, Suite 222 Vista, CA 92081 760-806-4350 / Fax: 760-806-4352	centerforchange@msn.com	www.thecenterforchange.com	
Gonzalez, Abigail, MA, MFT	Abby's Wellness Center	815 Third Avenue #317 Chula Vista, CA 91911 619-997-0957 / Fax: 619-426-8336	abbyswellnesscenter@gmail.com		
Green, Louise, PhD	Successful Parenting and Coparenting Skills	2333 Camino Del Rio S., Suite 110 San Diego, CA 92108 619-281-0616	louisegreenphd@safeandsoundvisitation.com	www.safeandsoundvisitation.com	
Griego, Maria	0 A 911 Child Visitation Services	1144 13 St 102-208 Imperial Beach Blvd. Imperial Beach, CA 91932 619-495-2771	maria griego2014@gmail.com	www.911childvisitationservices.org	
Hayden, Julie, Dr., Psy.D.	a2B Counseling La Mesa Counseling	8085 La Mesa Boulevard La Mesa, CA 91942 619-463-9742 / Fax: 619-463-2522	rhombuscounseling@gmail.com jamesacounseling@gmail.com	www.rhombuscounseling.com	
Haynes, Jaron, LMFT	JH Therapeutic	8619 Innsdale Lane San Diego, CA 92114 619-818-3956	JHTherapeutic@cox.net		
Himlin, Cathy, LMFT, LPCC	Family Connections Therapy, Inc.	11838 Bernardo Plaza Court, Suite 250 San Diego, CA 92128 858-776-8804 / Fax: 858-935-2085	cathy@familyconnectionstherapy.com	www.familyconnectionstherapy.com	
Howell, Patty, Ed.M, A.G.C	Healthy Relationships International, A Division of Healthy Relationships in California, "HRC"	1045 Passiflora Avenue Leucadia, CA 92024 760-436-3960 / Fax: 760-436-3997	Patty@RelationshipsCA.org	www.relationshipsca.org	



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Huesca, Michael	POPS Organization	3878 Old Town Avenue, Suite 200 San Diego, CA 92110 619-683-9340 Ext. 33023 / Fax: 619-295-5738	michael@popsorganization.org	www.sandiegopops.org	English, Spanish
Jackson, Donna	A-Alternative Recovery Solutions	1100 Calle Del Cerro, Suite 46C San Clemente, CA 92672 949-558-2497	andiayetacuma@gmail.com		MSW, LAADC, ICAADC
Johnson, Lance	Gordon Training International	531 Stevens Avenue West Solana Beach, CA 92075 858-481-8121 / Fax: 858-481-8125	family@gordontraining.com	www.gordontraining.com	
Jones, Will CAS II Program Manager	LEM South Bay Regional Recovery Center	1180 Third Avenue, Suite C-3, C-4 Chula Vista, CA 91911 619-691-8164 / Fax: 619-426-2359	sbrcc@mcasterinc.org	www.mcalisterinstitute.org	
King, Janel	Urban Restoration Counseling Center	1913 Euclid Ave, STE 108 San Diego, CA 92105 619-648-1158	janel.king@urbanrestorationcounseling.org	urbanrestorationcounseling.org	
Kirker, Andrew**	Transitions Family Program	9455 Franham Street, Suite 100 San Diego, CA 92123 858-300-2730 Ext 5	transitionsSD@gmail.com	www.transitionsfamilyprogram.com	
Koonin, Michele, LCSW**	Institute for Counseling	2725 Congress Street, Suite 2C San Diego, CA 92110 619-688-1035 / Fax: 619-688-1098	michelekoonin@gmail.com		Online Courses are also offered
Lee, D. Med, MAMFT, MAPsy	National Institute for Reconnecting Black Families	PO Box 151112 San Diego, CA 92175 619-800-1822	nifrbf@gmail.com		
Lockett, Belvia	Surrogate From The Outer Womb	PO Box 742176 San Diego, CA 92174 866-902-0144 / 858-252-7497	surrogatefromtheouterwomb@gmail.com		
Lopez, Rosalinda	SAY San Diego	4275 El Cajon Blvd., Suite 101 San Diego, CA 92105 619-283-9624 ext 378	csfcentral@saysandiego.org	www.saysandiego.org	Community Services for Families, Parenting Classes in English & Spanish, no cost



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Luffborough III, Doug, PhD	American Community Corrections Institute (ACCI) CBT Programming Higher Level Leadership LLC	1556 Hillsborough Street Chula Vista, CA 91913 61-750-4182	dluff@dougluff.com	www.accilifeskills.com www.dougluff.com	
Martin, Walter Patrick, MA, LMFT	Family Counseling San Diego, COM	10650 Scripps Ranch Boulevard, Suite 200 San Diego, CA 92131 858-217-5770 / Fax: 619-924-9931	info@familycounselingsandiego.com	www.familycounselingsandiego.com	
McDowell, John	Alternative Recovery Solutions	721 Buena Tierra Way #188 Oceanside, CA 92057 760-859-7789 / Fax: 760-435-8321	mcdowell.john10@gmail.com	www.alternativerecoverysolutions.com	1CAD, SAP
McIntyre, Laurel	Santee Family Counseling Center	9905 Prospect Avenue Santee, CA 92071 619-449-9937 / Fax: 619-449-1401	santeefamilycc@gmail.com	www.santeefamilycc.com	
McLain, Heidi	Happy Heart Parenting	555 W. Country Club Lane, Suite C#180 Escondido, CA 92025 760-715-0550	heidihappyheart@gmail.com	www.HappyHeartParenting.com	Ph.D.
McShane, Ed	El Norte Psycho-Educational Services	135 E. 3rd, Suite B Escondido, CA 92025 760-745-1947	ed.mcshane@gmail.com	www.acoachforyourheart.com	Video services available
Medrano, Alexandra Medrano, Manny	Center for Community Leadership	P.O. Box 771 La Mesa, CA 91944 619-209-0172 / 858-752-7852	aemedrano1@cougars.ccis.edu manny.medrano@gmail.com		English, Spanish
Mims, Patricia	Soul Renewal Family Counseling, Inc.	7737 Pacific Avenue Lemon Grove, CA 91945 619-439-2499 / Fax: 619-439-2455	info@soulrenewalcounseling.com	www.soulrenewalcounseling.com	
Mintz, Chrystal	McAister Institute East County Regional Recovery Center	1365 N. Johnson Avenue, Suite 111 El Cajon, CA 92020 619-440-4801 / Fax: 619-442-1592	ecrc@mcaisterinc.org	www.mcaisterinstitute.org	
Moon, Monica	SAY San Diego: Dads Corps	4275 El Cajon Blvd. Unit 101 San Diego, CA 92105 858-810-8259	monica.moon@saysandiego.org	https://www.saysandiego.org/view-by-program/family-support/dads-corps/	



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Ogundeji, Abimbola PhD, MA, LMFT	Nile Sisters Development Initiative	4265 Fairmount Avenue, Suite 130 San Diego, CA 92105 619-265-2959	behavioral@nilesisters.org info@nilesisters.org	www.nilesisters.org	
Pope, Aisha, LCSW**	Roots & Wings Consulting	9541 Grossmont Summit Drive La Mesa, CA 91941 619-737-7721 / Fax: 619-741-3150	aisha@contactraw.com	www.rootsandwingsconsulting.com	
Portee, Francois	Best Strategies for Successful Parenting	8216 Bluffview Ct. Spring Valley, CA 91977 619-956-9089 / Fax: 619-916-2123	info@sandiegoam.org	www.SanDiegoam.org	
Profit, James, L., Jr., . PhD, LAADC	Living Epistles Services	1081 Camino Del Rio South, Suite 103 San Diego, CA 92108 619-867-2516	docpro_Leap@yahoo.com		
Quiroz, Lorena	Parent Education & Support Empowerment	237 Church Avenue Chula Vista, CA 91910 619-862-6600 / Fax: 619-862-6615	quiroz.lorena@scrippshealth.org	www.scripps.org	
Racicot, Sheilamarie, LMFT	Palomar Family Counseling Service, Inc.	1002 East Grand Avenue Escondido, CA 92025 760-741-2660 / Fax: 760-741-1647	sracicot@pfcs.agency		
Reavis, James, A., PsyD. Reavis, Lydia	Reavis, James, A., PsyD. An Intrapsychic Clinic A Psychological Corporation	1333 Camino Del Rio S. #105 San Diego, CA 92108 619-234-7970 / Fax: 619-584-4829	reavis@jamesreavis.com	www.jamesreavis.com	
Rich, Kiefer, LMFT	Kiefer Rich	3636 5th Avenue, Suite 100 San Diego, CA 92103 619-752-4666 / Fax: 619-327-4110	kiefer@westcoastmft.com	www.westcoastmft.com	
Robinette, Pam, R.N Nurse Manager	Alternatives Medical Clinic	257 E. Second Avenue Escondido, CA 92025 760-741-9796 / Fax: 760-741-2716	caeschbacher@amc-ca.com	www.amc-ca.com	
Sandoval, Leticia Solorzano, M.	Stronger Communities	201 S. Sunshine Avenue El Cajon, CA 92020 619-312-2451	info@strongercommunitiesca.com	www.strongercommunitiesca.com	Serving North County, Carlsbad, Oceanside, Vista and San Marcos



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Sellmeyer, Angela	Fleet and Family Support Center	3005 Corbina Alley, Suite 1, Bldg 263 San Diego, CA 92136 619-553-4744 / Fax: 619-556-3337	Angela.Sellmeyer_ctr@navy.mil	www.navylifesw.com	
Serrano, Ana M.	Gods Heart Ministry	1001 E. Vista Way #C Vista, CA 92084 760-439-1133	anaserrano@lasvalientes.org	www.lasvalientes.org	
Shaler, Rhobera**	For Relationship Help Prev Optimize Cntr	979 Woodland Parkway, Suite 101-128 San Marcos, CA 92069 760-593-4604	RS@ForRelationshipHelp.com	www.ForRelationshipHelp.com	
Shepersky, Ruth** Shepersky, Joel Singh, Angela Cabrero, Florencia	A Center for Change/Family Solutions	2725 Congress St., Suite E San Diego, CA 92110 619-299-7884 / Fax: 760-583-6698	acenterforchange@outlook.com		English, Spanish
Shuster, Lidor Ritblatt	Delibrainy LLC	11315 Rancho Bernardo Drive, Suite 129 San Diego, CA 92127 858-746-7018 / Fax: 858-746-7019	jgoins@delibrainy.com	www.delibrainy.com	
Slover, Gretchen, Dr.**	Broad Spectrum Gretchen Slover, Psy.D., LMFT	751 Rancheros Drive # 10, San Marcos, CA 92069 2333 First Avenue #102, San Diego, CA 92101 760-716-5576	drgretchenlover@gmail.com	www.drgretchenlover.com	Psy.D., LMFT CAPPSV
Smith, Phillip Smith, Kenda	Advocates for Families & Couples	3434 Fourth Avenue San Diego, CA 92103 619-417-4542	drphilsmith68@gmail.com		Clients will be seen by both Phil and Kenda Smith
Sondak, Beth, M.A.	Kids' Tum San Diego	4909 Murphy Canyon Road, Suite 515 San Diego, CA 92123 858-521-0027 / Fax: 858-521-0565	info@kidsturnsd.org	www.kidsturnsd.org	English, Spanish
Soriano, Alicia, M.A.	McAlister Institute South Bay Women's Recovery Center	2414 Hoover Avenue, Suite C National City, CA 91950 619-336-1226 / Fax: 619-477-1052	sbwr@mcalisterinc.org	www.mcalisterinstitute.org	
Stanton, Elizabeth	Dr. Elizabeth Stanton	3910 Chapman Street, Suite I San Diego, CA 92110 619-507-7329	DrElizabethStanton@gmail.com		Licensed Psychologist
Talhami, Azzam	Talhami Health and Wellness, INC. Palm Urgent Care and Mental Health	436 South Magnolia Avenue El Cajon, CA 92020 (619) 704-3229 / Fax: (619) 310-9709	azzam@palmurgentcare.com	https://www.palmurgentcare.com	



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Toohey, Kathy	3rd Millenium Classrooms	15900 La Cantera Parkway, Suite 20265 San Antonio, TX 78256 888-810-7990 / Fax: 210-468-0705	info@3rdmilclassrooms.com	www.3rdmilclassrooms.com	Online Courses Only
Trette, Cristina, LMFT	Integrative Family Therapy, A California Marriage and Family Therapy Co.	171 Saxony Road, Suite 106 Encinitas, CA 92024 760-640-0270	info@integrativefamilytherapy.com	www.integrativefamilytherapy.com	
Wagner, Kendall**	Carlsbad Counseling Center Carlsbad Visitation Program	2777 Jefferson Street, Suite 200 Carlsbad, CA 92008 760-434-9694	KendallWagnerMFT@gmail.com		M.F.T., M.A.
Wameke, Angela	THEdetour	PO Box 153824 San Diego, CA 92195 619-701-1536	sdcounselors@gmail.com	www.thedetour.org	Serve San Diego County, Home Visits Only, LMFT 88167
Wilkinson, Carol Program Dean	San Diego Continuing Education - Mesa College	7350 Armstrong Place San Diego, CA 92111 619-388-1950 / Fax: 619-388-1995	cwilkins@sdccd.edu	www.sdce.edu	
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