



SUPERIOR COURT OF CALIFORNIA, COUNTY OF SAN DIEGO
Program Resource List - Anger Management

READ BEFORE USING PROGRAM RESOURCE LIST / LEA ANTES DE USAR LA LISTA DE RECURSOS DEL PROGRAMA

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Name of Provider	Business Name	Contact Information	Email	Website	Additional Info
Abar, Marian	0 A 911 Child Visitation	1144 13th Street 102-208 Imperial Beach Boulevard Imperial Beach, CA 91932 619-495-2771	mariaqriego2014@gmail.com	www.911childvisitationsservices.org	English, Spanish
Abelli, Griselda	LOW-INCOME PROGRAMS, LLC COURAGE 2 CHANGE, LLC.	P.O. Box 617, El Cajon, CA 92020 P.O. Box 767, Chula Vista, CA 91910 619-279-8379	courage2changellc@gmail.com	www.courage2change-llc.com	M.A. Psychology, Bilingual: English/Spanish, Serving South Bay and East County
Acre, Alan Psy.D	Bellator Psychological and Consultants Corporation	8799 Balboa Ave, Suite 270 San Diego, CA 92131 (619) 865-9027	allanacre@bellatorpsychological.com	https://www.bellatorpsychological.com	
Aday-Garcia, Barbara	Anger Management OHS	1050 Los Vallecitos, Suite 109 San Marcos, CA 92069 855-384-8055 / Fax: 760-752-5390	OHSsanMarcos@mhn.com	www.duiprograms.ohs.mhn.com	
Aguilar, Nicole	Southern Indian Health Council, Inc.	4058 Willows Road Alpine, CA 91901 619-445-1188 ext 210	naguilar@sihc.org		
Allen, Claudette	Vista Hill - Adult Intensive Outpatient Program	4990 Williams Avenue La Mesa, CA 91942 858-514-5101 / Fax: 619-698-1665	callen@vistahill.org	www.vistahill.org	
Allen, Claudette	Vista Hill - Bridges Adult Intervention Services	2851 Meadowlark Drive San Diego, CA 92123 858-814-1501 / Fax: 858-874-8149	callen@vistahill.org	www.vistahill.org	
Brager, Robert C., Psy.D.	Brager, Robert C., Psy.D.	2214 Fifth Avenue San Diego, CA 92101 619-871-7850	robbrager@aol.com		
Branch, Michael, MSW, LCSW	Front Line Counseling	941 Orange Ave, Suite 520 Coronado, CA 92118 619-549-7458	michael@frontlinecounseling.net	www.frontlinecounseling.net	
Brown, Thelma L., B.A	Pinnacle Peak Solutions LLC	P.O Box 6236 Chula Vista, CA 91909 619-769-4602	pinnaclepeaksolutionsllc@gmail.com	www.PinnaclePeakSolutionsLLC.com	



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Brunson, Stephen, M., Dr., DD	Reach Family Services	2160 Fletcher Parkway #L El Cajon, CA 92020 619-749-1767			
Cafferty, "Kansas" James	Cafferty Clinic	215 S. Coast Highway #205 Oceanside, CA 92056 760-517-6544	kansas@insightbythesea.com	www.insightbythesea.com	LMFT, MAC, CAMF, ICAP IV
Cain, Randall	House of Refuge	2741 Lemon Grove Avenue #105 Lemon, CA 91945 951-454-9927	refugeangerm@gmail.com		
Chee, Vivian	Vivian Chee	2741 Lemon Grove Avenue, Suite 105 Lemon Grove, CA 91945 619-335-3125	feechee@yahoo.com		
Clancy, Kristina	Mindfully Here and Now	PO Box 712571 Santee, CA 92702 619-841-1428	kristinacancy@mindfullyhereandnow.com	www.mindfullyhereandnow.com	LMFT #119299
Clark, Aimee Le Zakreski	Caldwell-Clark Counseling	10951 Sorrento Valley Road, Suite 2G San Diego, CA 92121 760-803-3600	aimee@caldwell-clark.org	www.caldwell-clerk.org	
Clark, Chaplain Elayne Clark, Mark	Affordable Anger Management Anger Management Professionals A Reason for Hope	PO Box 2582 Vista, CA 92085 847-504-9374	affordableangermanagement@gmail.com		
Coneley, Deadrian, Dr.	Oasis Life in Focus Educational Rehabilitation	2904 Macdonald St. Vista, CA 92054 760-216-0023 / 760-308-8587	oasisfamilylife78@gmail.com	www.oasislifeinfocus.org	
Cruz Y Celis, Mauricio, M.F.T	Mauricio Cruz Y Celis, MFT, INC	815 3rd Ave, S-315D Chula Vista, CA 91911 619-420-3439	mcodvip@hotmail.com		
Dayan, Avital	Shalom Counseling	5161 Jamestown Road San Diego, CA 92117 619-677-7140	adayan2@hotmail.com		



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De La Loza, Edward L. EdD, LCSW	Anger Management 365	4445 Eastgate Mall, Suite 200 San Diego, CA 92121 844-724-7365	GetHelp@AngerManagement365.com	www.AngerManagement365.com	
Dean, Jonathan, Dr.	Motivation Specialist LLC.	P.O. Box 5143 Oceanside, CA 92082 760-672-2452 / 619-576-6690	motivationspecialistllc@gmail.com	www.motivation-specialist-llc.com	PsyD
DeWitt, Esther	Anger Navigation	2171 El Camino Reall #207 Oceanside, CA 92054 760-836-2200	esther@conflictnavigation.com	www.angernavigation.com	
Drecun, Dr. Aleksandra	Association for Compassionate Transformation	12526 High Bluff Drive, Suite 300 San Diego, CA 92130 858-792-3541 / Fax: 858-792-3542	Dr.Drecun@a4ct.com	www.a4ct.com	
Drummond, Gigi M.	C.R.A.M. Management	300 Carlsbad Village Drive 108a-378 Carlsbad, CA 92008 760-521-2685	gmariannad@gmail.com	www.carlsbadcram.com	
Espinoza, Maria, LMFT	La Fuente Family Counseling Services	Chula Vista, CA 91913 619-500-1135	marisolsespinoza51@gmail.com		Lic. No 118834 Available in English and Spanish
Extended Learning Center, Inc.	OnlineParentingPrograms.com	866-504-2883	support@onlineparentingprograms.com	www.onlineparentingprograms.com	Online Only, Indigent Assistance, Available in English, Spanish
Fernandez, Robert & Monica	R&M Encouragement	PO Box 2774 Vista, CA 92085-2774 760-543-9007	iwalkbyfaith41@gmail.com		
Fushman, Eda	Eda Fushman LMFT	7484 University Avenue #310 La Mesa, CA 91942 619-466-3822	efushman@juno.com		
Garcia, Jimmy Devine, Randi, LMFT	Pacific Coast Counseling	2111 S. El Camino Real #300 Oceanside, CA 92054 760-439-1124 / Fax: 760-547-5537 Spanish line: 760-889-9673	pacificcoastcounseling@hotmail.com	https://pacificcoastcounseling.org/location/	English, Spanish
Garcia, Raul	IMPACT Programs / SDRTC Repeat Offender Traffic Program	<u>Mailing:</u> 3960 W. Point Loma Blvd. #H228 San Diego, CA 92110 <u>Physical:</u> 394 Broadway Ave. STE #300 Childa Vista, CA 91910 (Inside Travel Inn) 619-465-9260	service@impact-rtc.com	www.impact-rtc.com	



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Gerow, Darlene Brumme, John Velasques, Jesus (Spanish)	Center for Change	410 South Melrose Drive, Suite 222 Vista, CA 92081 760-806-4350 / Fax: 760-806-4352	centerforchange@msn.com	www.thecenterforchange.com	
Gibbs, Abron	Knew Me Anger Management	8810 Jamacha Blvd #C103 Spring Valley, CA 91977 619-622-8702	info@angermanagement-hq.com	angermanagement-hq.com	English, Spanish
Hayden, Julie, Psy.D.	A2B Counseling La Mesa Counseling	8058 La Mesa Boulevard La Mesa, CA 91942 619-463-9742 / 619-463-2522 Fax: 619-463-2522	rhombuscounseling@gmail.com lamescounseling@gmail.com	www.rhombuscounseling.com	
Haynes, Jaron, LMFT	JH Therapeutic	8619 Innsdale Lane San Diego, CA 92114 619-818-3956	JHTherapeutic@cox.net		
Higgins, Janice	Project Rage, Inc.	237 Avocado Avenue, Suite 105 El Cajon, CA 92020 619-414-0016 / Fax: 951-246-4393	projectrage1@yahoo.com	www.projectrageinc.com	
Howell, Patty, Ed.M, A.G.C	Healthy Relationships International, A Division of Healthy Relationships in California, "HRC"	1045 Passiflora Avenue Leucadia, CA 92024 760-436-3960 / Fax: 760-436-3997	Patty@RelationshipsCA.org	www.relationshipsca.org	
Huesca, Michael	POPS Organization	3878 Old Town Avenue, Suite 200 San Diego, CA 92110 619-683-9340 Ext. 33023 / Fax: 619-295-5738	michael@popsorganization.org	www.sandiegopops.org	English, Spanish
Jackson, Donna	A-Alternative Recovery Solutions	6 Tangerine Irvine, CA 92618 951-425-3001	aboveitall@gmail.com		MSW, LAADC, ICAADC, Serving City of Irvine
Joseph, Carolyne, Psy.D.	Bridge To Tomorrow	1177 Greenfield Drive, Suite B El Cajon, CA 92021 619-334-0708	cjosephpsvd@gmail.com	www.drjosephpsvd.com	
Koonin, Michele, LCSW	Institute for Counseling	2725 Congress Street, Suite 2C San Diego, CA 92110 619-688-1035 / Fax: 619-688-1098	michelekoonin@gmail.com		



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Luffborough III, Doug, PhD	American Community Corrections Institute (ACCI) CBT Programming Higher Level Leadership LLC	1556 Hillsborough Street Chula Vista, CA 91913 61-750-4182	dluff@dougluff.com	www.accilifeskills.com www.dougluff.com	
Martin, Walter Patrick, MA, LMFT	Family Counseling San Diego, COM	10650 Scripps Ranch Boulevard, Suite 200 San Diego, CA 92131 858-217-5770 / Fax: 619-924-9931	info@familycounselingsandiego.com	www.familycounselingsandiego.com	
McDowell, John	Alternative Recovery Solutions	721 Buena Tierra Way #188 Oceanside, CA 92057 760-859-7789 / Fax: 760-435-8321	mcdowell.john10@gmail.com	www.alternativerecoverysolutions.com	1CADC, SAP
McIntyre, Laurel	Santee Family Counseling Center	9905 Prospect Avenue Santee, CA 92071 619-449-9937 / Fax: 619-449-1401	santeefamilycc@gmail.com	www.santeefamilycc.com	
McShane, Ed	El Norte Psycho-Educational Services	135 E. 3rd, Suite B Escondido, CA 92025 760-745-1947	ed.mcshane@gmail.com	www.acoachforyourheart.com	Video services available
Medrano, Alexandra Medrano, Manny	Center for Community Leadership	P.O. Box 771 La Mesa, CA 91944 619-209-0172 / 858-752-7852	aemedrano1@cougars.ccis.edu manny.medrano@gmail.com		English, Spanish
Miller, Amy Hess, Lauri	MAAC Metropolitan Area Advisory Committee on Anti-Poverty	1355 Third Avenue Chula Vista, CA 91911 619-409-1780 / Fax: 619-425-3500	angermanagement@maacproject.org	www.maacproject.org	
Miller, Diana	3rd Millenium Classrooms	15900 La Cantera Parkway, Suite 20265 San Antonio, TX 78256 888-810-7990 / Fax: 210-468-0705	info@3rdmilclassrooms.com	www.3rdmilclassrooms.com	Online Courses Only
Montoya, Anahi, B.S	Empowering Change: Anger Management English/Spanish	642 Palomar St. STE 406 #533 Chula Vista, CA 91911 619-394-8749	Empoweringchang3@gmail.com	Empoweringchang3.com	
Olsen, Brook	A High Conflict Diversion Program High Conflict Diversion Program L.L.C.	1991 Village Park Way, Suite 100 Encinitas, CA 92024 760-751-4398	admin@highconflict.net	www.highconflict.net	



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Pizitz, Todd, PhD.	Pizitz, Todd, PhD.	440 S. Melrose Dr #250, Vista, CA 92081 760-842-1103 / Fax: 760-842-1173 2535 Camino Del Rio S. #106, SD, CA 92081 619-330-6003 / Fax: 619-564-6666	tpizitz@sbcglobal.net	www.toddpizitz.com	
Portee, Francois	Foundations for Anger and Stress Management Follow The Leader Foundation, Inc.	8810 C. Jamacha Blvd. Ste #131 Spring Valley, CA 91977 619-693-4466	FTLfoundation@yahoo.com	www.followtheleaderfoundation.org	
Profit, James, L., Jr., . PhD, LAADC	Living Epistles Services	1081 Camino Del Rio South, Suite 103 San Diego, CA 92108 619-867-2516	docpro_Leap@yahoo.com		
Racicot, Sheilamarie, LMFT	Palomar Family Counseling Service, Inc.	1002 East Grand Avenue Escondido, CA 92025 760-741-2660 / Fax: 760-741-1647	sracicot@pfcs.agency		
Reavis, James, A., PsyD. Reavis, Lydia	Reavis, James, A., PsyD. An Intrapsychic Clinic A Psychological Corporation	1333 Camino Del Rio S. #105 San Diego, CA 92108 619-234-7970 / Fax: 619-584-4829	reavis@jamesreavis.com	www.jamesreavis.com	
Rich, Kiefer, LMFT	Kiefer Rich	3636 5th Avenue, Suite 100 San Diego, CA 92103 619-752-4666 / Fax: 619-327-4110	kiefer@westcoastmft.com	www.westcoastmft.com	
Riedlinger, Blaise, Ph.D.	Applied Behavioral Solutions	1991 Village Park Way, Suite 195 Encinitas, CA 92024 760-458-5041	blaise@workplacebehavior.com	www.workplacebehavior.com	
Rosasco, Deborah	Anger Management Education	1530 Main Street #5 Ramona, CA 92065 760-788-1900	deborah@willingcouples.com	www.willingcouples.com	
Sandoval, Leticia Solorzano, M.	Stronger Communities	201 S. Sunshine Avenue El Cajon, CA 92020 619-312-2451	info@strongercommunitiesca.com	www.strongercommunitiesca.com	Serving North County, Carlsbad, Oceanside, Vista and San Marcos
Schmidt, Amy	1 Coastal Counseling Svc	120 B Avenue Coronado, CA 92118 619-737-9118 / Fax: 619-923-2424	aschmidtmtf@yahoo.com		



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Sellmeyer, Angela	Fleet and Family Support Center	3005 Corbina Alley, Suite 1, Building 263 San Diego, CA 92136 619-553-4744 / Fax: 619-556-3337	Angela.Sellmeyer.Ctr@navy.mil	www.navylifew.com	
Serrano, Ana M.	A Change of Heart	1001 E. Vista Way #C Vista, CA 92084 760-439-1133	anaserrano@lasvalientes.org	https://www.lasvalientes.org	
Shepersky, Ruth Shepersky, Joel (spanish) Singh, Angela Cabrero, Florencia (spanish)	A Center for Change/Family Solutions	2725 Congress Street, Suite E San Diego, CA 92110 619-299-7884 / Fax: 760-583-6698	acenterforchange@outlook.com		
Simmons, Chanda G.	Agape Anger Management	1630 E. Madison Ave El Cajon, CA 92021			
Slover, Gretchen, Dr.	Broad Spectrum Gretchen Slover, Psy.D., LMFT	751 Rancheros Drive # 10, San Marcos, CA 92069 2333 First Avenue #102, San Diego, CA 92101 760-716-5576	drgretchenslover@gmail.com	www.drgretchenslover.com	Psy.D., LMFT CAPPSV
Snowdeal, Carol LCSW	Upward Counseling	6161 El Cajon Blvd, Suite B #223 San Diego, CA 92115 619-994-8010	upwardcounselinglcsww@gmail.com		Provider has 15 years experience
Stracka, Rachael, LCSW	InPsych Center	127 East Third Avenue, Suite 201 Escondido, CA 92025 760-489-1092 / Fax: 760-738-8128	inpsychcenter.com	www.InPsychCenter.com	English, Spanish
Talhami, Azzam	Talhami Health and Wellness, INC. Palm Urgent Care and Mental Health	436 South Magnolia Avenue El Cajon, CA 92020 (619) 704-3229 / Fax: (619) 310-9709	azzam@palmurgentcare.com	https://www.palmurgentcare.com	
Taneska-Proctor, Sonja, Psy.D., LMFT, SAP	SP Counseling	15706 Pomerado Road, S-210-1 Poway, CA 92064 858-472-7280 / Fax: 858-472-9349	sonjataneska@sbcglobal.net		
Tekerian, Larissa	Free Mind Therapy LLC	2108 N. St. STE N Sacramento, CA 95816 858-614-6114	larissatekerian@icloud.com	www.freemindtherapyllc.com	



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Thomas, Susan Thomas, Patrick	Anger Ease	7317 El Cajon Boulevard, Suite 156 La Mesa, CA 91942 619-654-4260 / cell: 760-896-4357 Fax: 619-713-2561	info@AngerEase.com	www.AngerEase.com	English, Spanish
Trevino, Servando	Ok 2B Angry	135 East 3rd Avenue Escondido, CA 92025 760-896-4357	k2bangry@gmail.com	www.ok2bangry.com	
Wagner, Kendall	Carlsbad Counseling Center Carlsbad Visitation Program	2777 Jefferson Street, Suite 200 Carlsbad, CA 92008 760-434-9694	KendallWagnerMFT@gmail.com		M.F.T., M.A.
Williams, Lydia	Psychological Solutions	1223 Cleveland Ave. #200 San Diego, CA 92103 530-301-5043 / Fax: 858-939-1836	coolrun80@gmail.com	https://psychologicalsolutions.co	
Wilson, Gail	Prodigal Palace Assist/Independ Living Prodigal Palace Services	5279 Groveland Drive # A San Diego, CA 92114 619-381-4949	gw70@icloud.com		
Wroblewski, Dr.	Anger Management 8-12 Sessions	705 S. Juniper Escondido, CA 92025 760-480-1241 / Fax: 760-480-5645	pwroblewski@cox.net		
Young, Demar	Reflections Counseling	7317 El Cajon Boulevard, Suite 122 La Mesa, CA 91942 619-335-8106	dyoung@reflections-sd.com	www.reflections-sd.com	