

COURT-CLERGY CONFERENCE 2022

Topic: Mental Health and the Courts

Speaker(s):

Hon. Cindy D. Davis, Superior Court Judge, Mental Health Department

Bre Lane, Program Administrator, LMFT Mobile Crisis Response Team

Christina LaCroix, LCSW Supervising Licensed Mental Health Clinician, Public Defender's Office

What are three main points that the clergy should know about this subject?

- Understand the prevalence of mental health issues in San Diego, and nationally.
- Learn some basic signs of mental illness and how individuals' with mental illness interface with the courts.
- Know where to find resources for their congregants that need help with mental health issues.

What are three ways in which clergy can help their congregants?

- First, listen and be a support for individuals. Keep an eye open for signs of mental illness.
- Have good information and resources to refer individuals who are in distress.
- Be a resource for families who have family members who suffer from mental illness.

Three websites where clergy can go to learn more:

- www.sandiegocounty.gov/hhsa/programs/bhs/ (County of San Diego Health and Human Services)
- www.nami.org (National Alliance on Mental Illness)
- www.nimh.nih.gov (National Institute of Mental Health)

Contact names, phone numbers and email addresses if clergy have questions:

- www.sandiegocounty.gov/content/sdc/hhsa/programs/bhs (brochure of all service providers in the county with phone numbers and addresses).