COURT-CLERGY CONFERENCE 2022

**Topic:** Mental Health and the Courts

**Speaker(s):**

Hon. Cindy D. Davis, Superior Court Judge, Mental Health Department

Bre Lane, Program Administrator, LMFT Mobile Crisis Response Team

Christina LaCroix, LCSW Supervising Licensed Mental Health Clinician, Public Defender’s Office

**What are three main points that the clergy should know about this subject?**

- Understand the prevalence of mental health issues in San Diego, and nationally.
- Learn some basic signs of mental illness and how individuals’ with mental illness interface with the courts.
- Know where to find resources for their congregants that need help with mental health issues.

**What are three ways in which clergy can help their congregants?**

- First, listen and be a support for individuals. Keep an eye open for signs of mental illness.
- Have good information and resources to refer individuals who are in distress.
- Be a resource for families who have family members who suffer from mental illness.

**Three websites where clergy can go to learn more:**

- [www.sandiegocounty.gov/hhsa/programs/bhs/](http://www.sandiegocounty.gov/hhsa/programs/bhs/) (County of San Diego Health and Human Services)
- [www.nami.org](http://www.nami.org) (National Alliance on Mental Illness)
- [www.nimh.nih.gov](http://www.nimh.nih.gov) (National Institute of Mental Health)

**Contact names, phone numbers and email addresses if clergy have questions:**

- [www.sandiegocounty.gov/content/sdc/hhsa/programs/bhs](http://www.sandiegocounty.gov/content/sdc/hhsa/programs/bhs) (brochure of all service providers in the county with phone numbers and addresses).