

San Diego Superior Court, Juvenile Division
Juvenile Drug Court Program
2851 Meadow Lark Drive
San Diego, CA 92123-2792

SAN DIEGO COUNTY JUVENILE DRUG COURT



Sobriety Checkpoint

PARTICIPANT HANDBOOK

Your Name_____

Revised 3/8/05

TABLE OF CONTENTS

| | |
|---------------------------------------|---------|
| Welcome | page 2 |
| Overview | page 3 |
| Parents | page 3 |
| The Drug Court Team | page 3 |
| Progress Reports | page 4 |
| Drug Court Hearings | page 4 |
| Phases of Drug Court | page 5 |
| Graduation | page 6 |
| Drug Court Program Rules | page 6 |
| Incentives | page 7 |
| Sanctions | page 8 |
| Termination from Drug Court | page 9 |
| Search and Arrest Requirements | page 9 |
| Chemical Testing | page 10 |
| Confidentiality | page 10 |
| Conclusion | page 10 |
| Important Phone Numbers/Rules Summary | page 11 |

WELCOME



Welcome to the San Diego County Juvenile Drug Court. This *Handbook* is designed to answer your questions and provide overall information about the Juvenile Drug Court Program. As a participant, you and your parents or guardians will be expected to follow the instructions given in Drug Court by the Judge and comply with the treatment plan developed for you and your family by a multi-agency treatment team.

This *Handbook* will detail what is expected of you and your parents as a Juvenile Drug Court participant. It will review general program information. If you are reading this *Handbook* it means that you have been accepted into Juvenile Drug Court based on your drug/alcohol history and other encounters with law enforcement. It also means that we are confident that Juvenile Drug Court will help you to learn how to make successful choices free of the influence of drugs or alcohol.

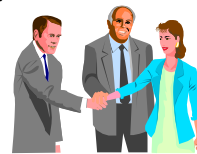
An important part of our commitment is recognizing that you may be experiencing other health issues, in addition to your substance abuse problems. We want you to know that when working with the people in Juvenile Drug Court, any and all of your health concerns will be treated with the utmost respect. As you begin to share and identify these concerns, we will work together with you and your family to develop a plan for making positive change possible. We will be with you as you face these challenges, and wish you well in your recovery throughout your stay in Juvenile Drug Court and beyond.



OVERVIEW

Juvenile Drug Court is a three-phase intervention program for juveniles who are on probation and who are having difficulty staying clean and sober. It is a joint effort between adults in the Juvenile Court, District Attorney's Office, Probation Department, Public Defender's Office, Health and Human Services Agency, police agencies and treatment programs. By working together, they seek to provide a variety of programs and consistent supervision geared toward supporting and helping you maintain a drug-free life. Drug Court involves frequent court appearances, random drug testing as well as group and family counseling. The Court awards incentives (rewards) for compliant behavior and imposes sanctions (penalties) for negative behavior. Nine months of continuous sobriety is required for graduation from Drug Court. Participants who do not comply with the rules may be placed in residential treatment or committed to a custodial setting such as Juvenile Hall, the Juvenile Ranch Facility or the Girls Rehabilitation Facility or moved back to the previous phase of drug court. They may also be terminated from Drug Court. All the staff working for Juvenile Drug Court will assist you to be sure you understand what is expected of you.

PARENTS



Parents or Guardian(s) are important to the rehabilitation of the minor and the successful completion of the Juvenile Drug Court Program. During the first phase of Drug Court, parents are required to attend the Drug Court Orientation with their child. They must also support the Drug Court by requiring their daughter or son to comply with court orders and the rules of Drug Court and they are strongly encouraged to attend Drug Court sessions where the Court may ask the parent for input. Parents and/or family members are not to have any drugs or alcohol in their homes. The Drug Court Team recognizes how important family members are to each young person's success in this program. If your parents cannot participate because of employment obligations, you can still be successful in Drug Court. We will help you.

THE DRUG COURT TEAM



The Juvenile Drug Court Judge will make all decisions regarding your participation in the Juvenile Drug Court Program with input from the Drug Court Team. In addition to the Judge, the Drug Court Team consists of the following members:

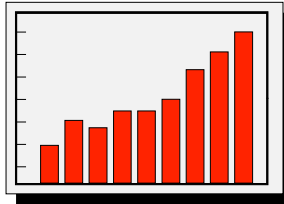
- Deputy Public Defender (your attorney)
- Deputy District Attorney
- Drug Court Family Clinician/Counselor
- Drug Court Probation Officer

- Juvenile Recovery Specialist
- Police Officer Liaison

Prior to each Drug Court session, the Drug Court Team members familiarize themselves with your progress so that they may discuss that progress with you during the Drug Court session.

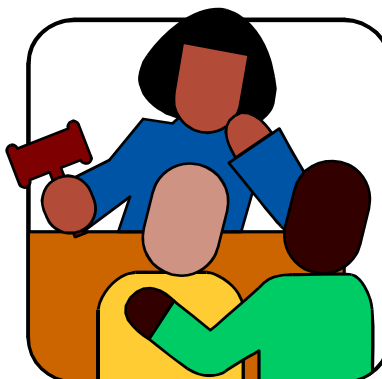
PROGRESS REPORTS

Before your Drug Court hearing, the judge will be given a progress report prepared by your Probation Officer and Juvenile Recovery Specialist (JRS). The progress report will discuss your drug testing results, attendance, participation and cooperation in the treatment program, school attendance and grades and your behavior at home. The judge will discuss your progress and discuss any problems you may be having. If you are doing well you may be rewarded with reduced program requirements or, at times, other incentives like movie tickets. If your progress reports show that you are not doing well, the judge will discuss this with you and determine future action, which could include a sanction in order to help you remember your goals in the program. Sanctions can be anything from increased program requirements to detention in Juvenile Hall.



DRUG COURT HEARINGS

As a Juvenile Drug Court participant, you will be required to appear in Drug Court on a regular basis. The number of times you must appear depends upon the phase of drug court you are currently in. Failure to appear will result in a warrant being issued for your arrest and your detention until you can appear before the court. If you have questions about your court appearances you may contact your Drug Court Probation Officer or your attorney. The three phases of Drug Court are listed on the next page.



PHASES OF DRUG COURT

Drug Court is a 9-month program divided into three phases. A participant must successfully complete each phase before moving to the next phase. Each phase has a key concept or focus.

| PHASE ONE | |
|------------------|--|
| Key Concept: | Recovery and Responsibility to Self |
| Length of phase | 0 - 90 days |
| Characteristics | Drug Court attendance weekly ; Nine hours of weekly drug treatment; Random drug testing; Mandatory school attendance; Weekly contact with PO and JRS; Completion of an autobiography; Remain law-abiding. |
| PHASE TWO | |
| Key Concept: | Maintenance of Recovery and Responsibility to Others |
| Length of phase: | 91 - 180 days |
| Characteristics | Drug Court attendance every other week ; Community service hours (if assigned); All other components of Phase One except autobiography. |
| PHASE THREE | |
| Key Concept: | Maintenance of Recovery and Responsibility to Self and Others |
| Length of phase | 181 - 270 days |
| Characteristics | Drug Court Attendance monthly ; Contact with PO and JRS every other week; Completion of remaining community service hours; All other components of Phase Two. |




GRADUATION



Upon your successful completion of a treatment program and satisfaction of all other court requirements including 270 days of continued sobriety, you will graduate from Drug Court and be eligible for successful termination of your probation.

DRUG COURT PROGRAM RULES

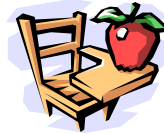
As a participant you will be required to abide by the following rules:

1. Do not use alcohol or illegal drugs. Do not bring any alcohol, drug paraphernalia or weapons onto the facility grounds, into the treatment facility or into the courthouse.  drugs, treatment
Participants must remain sober in treatment and submit to drug testing. Medication may only be taken under supervision of a physician. If you are taking prescription medication you must provide the original prescription(s) to your JRS to be copied for your program file. You will be required to provide proof of medical supervision. Any changes in your medication should be reported to your JRS. You are not to take ANY medication without the approval of your JRS or probation officer.
2. Attend all treatment sessions as scheduled. These include individual, group and family counseling, skills building and process group  sessions. In the event of an emergency you must contact your Drug Court Probation Officer, JRS or attorney. You will be required to verify any emergency that may arise. Participants missing treatment due to illness must bring a letter signed and certified by a doctor or by the person with whom they are living.
3. Attend all Drug Court sessions as scheduled. Participants must fully participate. Unexcused failure to appear in Drug Court will result in the issuance of a bench warrant for your arrest. Participants missing Drug Court due to illness must provide a letter as in #2 above.
4. Be on time. You must be on time for all  court-scheduled activities.
5. Do not make threats toward other participants or staff or behave in a violent manner. Violent or inappropriate behavior will not be tolerated and will be reported to the Court. This may result in termination from the Juvenile Drug Court Program.

6. Dress modestly for Court and treatment sessions. As a participant, you will be expected to wear a shirt or blouse, pants, dress, or skirt of reasonable length. Pants must be full-length, may not be cut-off and must be worn at the waist. Participants may not expose their midriff, cleavage or underwear. Shoes must be worn at all times. Clothing bearing violent, racist, sexist, drug or alcohol related themes or promoting or advertising alcohol or drug use is considered inappropriate. Gang attire is also inappropriate. Hats may not be worn.



7. Attend school, participate fully, pass all your classes and receive no negative marks in "citizenship."



8. Behave appropriately at home, in school, at treatment and in Drug Court. Participants must follow the rules and regulations of their parents or persons with whom they are living or placed. They must be respectful and attentive toward the Court, Drug Court Team and all other participants. They must address the Drug Court Team members by "Mr., Mrs., or Ms." and not by first names. Participants must not chew gum in court, use inappropriate language or slouch in their chairs.

COMPLIANCE WITH DRUG COURT RULES WILL RESULT IN REWARDS CALLED "INCENTIVES." FAILURE TO COMPLY WITH RULES MAY RESULT IN PENALTIES CALLED "SANCTIONS."

INCENTIVES

Upon the recommendation of the Drug Court Team, participants may be given rewards or incentives for compliant behavior. Common incentives are as follows:

- Praise by the Court/Judge
- Gift Certificates
- Movie Passes
- Sobriety Tokens
- Sober Day Certificate
- Promotion to next phase
- Certificates of Graduation
- Termination of Probation (after 270 days of continuous sobriety)



SANCTIONS



| BEHAVIOR | POSSIBLE SANCTION(S) |
|---|--|
| Relapse (possession of drugs, including unauthorized prescription drugs or alcohol; missed or positive drug test; refusal to test) | "Clean and Sober" day count reduced to 0. 3 to 5 days in Juvenile Hall, 120 day Drug Dorm, one year residential treatment program. |
| Tardiness to School, Treatment or Counseling: | Verbal warning in open Court; Community Service with proof of completion due at next Drug Court session. (one hour of community service for each hour or portion thereof that participant is tardy). |
| Unexcused Absences from Treatment or Counseling | Verbal warning in open court; Home Supervision or Community Service with proof of completion due at next Drug Court session. One day in Juvenile Hall (on weekends or holidays) for each session missed. |
| For Unexcused Absences from School | Home Supervision or Community Service with proof of completion due at next Drug Court session. One day in Juvenile Hall (on weekends or holidays) for each day missed. |
| For inappropriate dress at Drug Court: | Counseling by Drug Court Team; Other sanctions as appropriate. |
| Misbehavior in Court | Verbal warning in open court; Community Service; 1-3 days in Juvenile Hall. |
| Misbehavior at Home | Verbal warning in open court; Community Service; 1-5 Days in Juvenile Hall. |
| Misbehavior at School | Verbal warning in open court; Earlier curfew; Community Service; Home Supervision. |

*Day 1 is the first day after relapse (dirty test, refusal to test or possession of drugs or alcohol.)

TERMINATION FROM DRUG COURT



Warrants, new arrests or violation of any aspect of your treatment plan could result in your being terminated from the Juvenile Drug Court Program. Other violations, which could result in termination, include the following:

- Missing and/or positive drug tests;
- Demonstrating a lack of program response by failing to cooperate with the treatment program;
- Violence or threat of violence directed at treatment staff, other participants of the program or other clients of the treatment providers;
- Placement in a long-term residential facility, the Girls Rehabilitation Facility, Juvenile Ranch Facility or Camp Barrett;
- New Crime

SEARCH AND ARREST REQUIREMENTS

As a participant in Drug Court, you are required to submit your person, vehicle, place of residence or area to search and seizure of narcotics, drugs or other contraband at any time of the day or night with or without a search warrant, without prior notice and without probable cause by any peace officer or probation officer. Any law enforcement officer who observes a current participant of Drug Court in any of the following circumstances is authorized to arrest that individual:



- ingesting a controlled substance, marijuana or alcohol;
- being under the influence of a controlled substance, marijuana or alcohol
- possessing a controlled substance, marijuana or alcohol;
- being in the presence of a person in possession of controlled substance(s) and there are objective factors present so that a reasonable person in a like position, would conclude that drugs are present,

Participants detained in Juvenile Hall after arrest will be brought before a Drug Court judge for hearing.

CHEMICAL TESTING



You will be drug tested randomly throughout your entire Juvenile Drug Court Program.

- You will be observed to ensure freedom from errors.
- If you miss a test, it will count as a positive (dirty) test.
- If you have a positive test in any drug court phase, the judge, based on recommendations from the treatment staff and probation, will apply immediate sanctions including time in Juvenile Hall to help you stop your drug using behavior.
- Diluted samples may result in the loss of sober days and or custodial sanctions.

CONFIDENTIALITY

State licensing requires that your identity and privacy be protected. In response to these regulations, Juvenile Drug Court and its treatment providers have developed policies and procedures that guard your privacy. You will be asked to sign a Notice Regarding Confidentiality statement. Before you will be allowed to participate in Juvenile Drug Court you must agree that everything you see and hear in court regarding other juveniles is confidential and may not be repeated, described or otherwise disclosed to any person who is not present in the courtroom.

CONCLUSION

The goal of the San Diego County Juvenile Drug Court Program is to help you achieve a life free of dependence on mind-altering substances. The Judge, court staff and the Drug Court Team are here to guide and assist you, but the final responsibility is yours. To succeed, you must be motivated to make this commitment to a drug free life.



Juvenile Probation Department

(Ask for your assigned Drug Court PO or JRS)

858-694-4600

Public Defender (your attorney)

858-974-5757

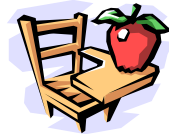
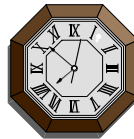
Treatment Provider _____

Other _____

SUMMARY OF DRUG COURT RULES



Rulebook



1. Do not use alcohol or illegal drugs. Do not bring any drugs, alcohol, drug paraphernalia or weapons onto the treatment facility grounds, into the treatment facility or into the courthouse.
2. Attend all treatment sessions as scheduled.
3. Attend all Drug Court sessions as scheduled.
4. Be on time.
5. Do not make threats toward other participants or staff or behave in a violent manner
6. Dress modestly for Court and treatment sessions
7. Attend school, participate fully, pass all your classes and receive no negative marks in "citizenship."
8. Behave appropriately at home, in school, at treatment and in Drug Court.

CRISIS AND AFTER HOURS NUMBERS

Since Drug Court staff are not available to accept calls after regular business hours Monday through Friday, the following is a directory of numbers that can be helpful to you, should you need assistance.

In an emergency at any time of the day or night, call 911.

Mental Health Crisis Resources

| | |
|---|------------------------------|
| Mental Health Access Line: 24 hour crisis line | 800-479-3339 |
| Psychiatric Emergency Response Team: | 619-276-8112 |
| Child & Adolescent Screening (mental health age 18 & over): | 619-421-6900 |
| Emergency Screening Unit (mental health age 18 & over): | 619-692-8200 619-692-8222 |

Teen Hotlines

| | |
|--|--------------|
| Center for Community Solutions: 24 hours, all problems | 858-272-1767 |
| Domestic Violence Hotline: relationship violence | 888-DVLINKS |
| San Diego Access & Crisis Line: 24 hours, suicidal/homicidal | 800-479-3339 |

Teen Shelters

| | |
|---|--------------|
| The Bridge: 24 hour referral line | 619-521-3939 |
| YMCA Juvenile Crisis Program: 24 hour hotline | 619-543-9850 |

Alcohol and Drug Resources

| | |
|--|--------------|
| Alateen/Alanon: 24 hour assistance | 619-296-2666 |
| Alcoholics Anonymous: 24 hour, English & Spanish | 619-265-8762 |
| Narcotics Anonymous: 24 hour assistance | 619-584-1007 |